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THE CONCURRENCE

This Week's Consideration of a Famous Opinion



¶ The task of creating his own future is the inescapable lot of every person. To the mystic, however, this necessity presents a challenge and a responsibility. He accepts and recognizes the justness of his karmic heritage, and understands that the limitations imposed upon him by his physical inheritance and background are only apparent.



It is his endeavor to change and modify these conditions consciously, overcoming and correcting the errors he has made, and with the assistance of the Cosmic creating a new life for himself as well as his own future. The following quotation concurs with this mystic viewpoint:

Thou canst create this 'day' thy chances for thy 'morrow.' In the 'Great Journey,' (complete cycle of existences; in one 'Round') causes sown each hour bear its harvest of effects, for rigid Justice rules the World. With mighty sweep of never erring action, it brings to mortals lives of weal or woe, the Karmic progeny of all our former thoughts and deeds.

—MADAME BLAVATSKY, 1831-1891

(From *The Voice of the Silence*. David McKay Co., N. Y., Pocket Classics.)

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To the Members of the Esoteric Hierarchy, Greetings!

It may be that in working with the solar plexus exercise during the past week, some of you failed actually to see the light; nevertheless you must have experienced a warmth in the palms of your hands and in that part of the abdomen surrounding the solar plexus. Even this warmth, you may not have noticed before the third or fourth attempt. Each time you take a deep breath and hold it while concentrating on the solar plexus, you should sense a warmth in your hands and on your body.

After doing this three or four times for several days, some evening while you are still feeling the warmth in your hands or seeing some hazy light between your hands and your body, exhale slowly; then instead of taking another deep breath, hum the musical note that you have found pleasing or proper for you. Hum it slowly, not very loudly but softly so that you can just hear it. Watch the effect upon the light formed in front of you, or notice the increase in warmth in your hands and on your abdomen at the solar plexus.

After humming three or four different times, take the next step by beginning to hum a note; and as you hum it, separate the finger tips and take your hands away from the front of your abdomen so that the power being released from the solar plexus will not be held back by your hands. This should let the power go forward into space in front of you much like smoke issuing from a chimney. It should go forward and upward slightly and begin to turn itself like a spiral as it goes up into space.

Some of you, I know, may not actually see this until you have experimented for many weeks, but all of you should feel the warmth of the concentrated power. When the power begins to go off into space, you should sense an electric vibration or tonic effect through your body as though the invisible spiral were connecting you and the Cosmic in some way. Now remember that the last stage of this experiment consists in taking a deep breath, exhaling it slowly, and then while you still feel the warmth between your hands and body, hum the musical note that is your note and separate your hands so as to let that increased power go forth in front of you. This last step should be done two or three times in one evening so that you can sense the same condition each time, probably with increased effect. Each time, start with your finger tips touching in front of you and take a deep breath as outlined above.

If you wish, you may wait one minute after each experiment but not longer than that. Doing this several times before you retire at night should cause you to sense during the night a certain degree of Cosmic attunement that will bring you pleasant impressions and inspirations. Those of you who can see this



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spiral formed in front of you and rising upward will probably notice that it has slightly different colors in its formation and becomes more and more faint as it passes toward the ceiling of your room.

By all means try this experiment, remembering that you are dealing with very profound and important laws and principles that are for your own good and that are for the health of the body and for the mind. You will find that it will also relieve the system of many chronic conditions and will help make your breathing and pulse beat more regular. It will also aid in regulating the blood pressure—raising it if it is low or lowering it if it is too high. Do these experiments very carefully, to learn the laws involved, and you will find that you are gaining a new insight into the higher esoteric principles.

The next step in our experiment with the higher form of Cosmic attunement is simple but very important. I hope that our members in this Degree will not think that some of these experiments are unimportant simply because they are easy to understand and easy to test. Touching an electric button that operates a huge switch is a very simple thing, and easily done by a child. In fact, it takes but a delicate touch on the button of some of these switches to cause them to operate, and yet through such delicate and easy touching of the switch the huge gates of a great dam can be opened and a flood of water caused to flow.

After you have prepared yourself with relaxation and meditation and are ready to hum the proper musical note, turn your chair so that you will face first toward the north, then the south, the west, and the east. While you are facing each of these positions try your experiment with the musical note and with the spiral going out from you three or four times before changing your position to the next cardinal point. You will find that one of the four points produces more satisfactory results than any of the others.

Whichever point you find the most satisfactory is the one that you should continue to use because it shows that the magnetic waves in your particular locality are flowing in a direction that makes your attunement easier and more complete if you are facing in a manner agreeable to the flow of the magnetic waves. There is only one way to determine which point this is and that is by trying each one of the four points in turn with the experiments for a short time. In fact, it would be a good thing to try one point of the compass each evening for four successive evenings until you discover which one is best for you. You will make some interesting discoveries while changing your position in your room.

While we are dealing with this matter of attunement with the Cosmic, and while you are discovering the best method of more complete attunement, there are a number of things that you should keep in mind, and a number of principles you should use.



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Do not forget that the purpose of such Cosmic attunement as you are now creating is not solely to bring about a regeneration of your health and body, nor for the spiritual benefits that will result. You must keep in mind that the material affairs of your life should also have consideration and there is no better way to help them than through this attunement.

We have endeavored throughout the various Degrees to reveal the fact that man's destiny on earth and in the future lies in his own hands to a very great extent. In the Orient, mystics claim that man's destiny in its entirety rests in his own hands, and that no Divine intervention or Cosmic control may be expected except that which man earns or deserves through his own actions. Just how true this extreme viewpoint is, we shall not now attempt to determine, for your own experiences, especially in future years, will make that plain to you. But it is unquestionably true that seventy-five percent of man's affairs are controllable by his own thought and actions.

Man not only has the power to create further conditions for himself, wilfully, deliberately, and with intelligent understanding of what he is doing, but also the ability to create unconsciously and unknowingly a great deal of his destiny. Sometimes, a most insignificant act—a thought held in the mind for just a few moments—will produce a result that has a controlling effect upon the career of a lifetime. A man in a moment of anger yields to an impulse to pull a gun from his pocket and shoot his adversary, and in that moment of uncontrollable anger ruins his whole life, and determines his destiny for years to come.

Men, women, and nations have had their entire history altered by the signature to a letter, or the misuse of one or two words in a document or bit of correspondence. Prominent attorneys in the East one time declared that if men and women did not have the ability to write, fully seventy-five percent of the legal entanglements which affect their lives would be avoided. Men have written letters to women, women have written letters to men, diplomats have written letters to other diplomats, and individuals have written letters to one another that have changed not only their own lives and careers, but also lives of their friends, relatives, nations.

Not long ago I was called upon to act as arbitrator between two persons in a dispute that could have wrecked the lives and careers of both. The whole thing hinged upon a wink of the eye. One person had been making a statement before a group of people regarding another, and at the close of his remarks, he unwittingly winked to indicate that he was either insincere or was joking about the other person. The one being spoken of happened to see the wink, and the result was indeed unfortunate. Often the tone of voice, the emphasis upon a certain word, or the thought in mind while



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the statement is being made will convey a different impression, and result in conditions that will change the course of a life.

In thousands of general things throughout the day we change our lives. It is not true that we are all born equal, except in regard to the Divine Essence within us. We are born under diversified conditions, handicapped, so to speak, with the inherited karma and background of our ancestors, the tendencies in our blood, and the acquired environment in which we continue to live, or out of which we lift ourselves.

From the moment that we are old enough to do things of our own accord, however, we begin to alter the inherited and acquired conditions, and to create lives for ourselves. If we had an accurate record of what each of us has done since babyhood in modifying, changing, and creating our careers, and if all of these could be tabulated, with credits and debits, we should see that we have constantly vacillated; at one moment establishing something to our credit, at the next doing something completely neutralizing the good and starting us in the wrong direction again.

Even as children, we begin this work of creating our futures. Some years ago, in a baby parade at Asbury Park, New Jersey, a little girl of three, dressed in fancy costume and parading proudly along the boardwalk between the lines of spectators, happened to look toward a middle-aged man watching the parade with an indifferent attitude. There was something about his countenance which appealed to the little child, and she threw him one of the flowers from the basket she was carrying. It was an impulse from the heart, not premeditated, and entirely unexpected by everyone. It pleased the man, and he made it his business to trace the child after the parade. He found that her mother was a widow, working hard to support the little girl, that they were in want and had looked forward to a possible prize to relieve their need.

Not because they were in want, nor because their condition appealed to him any more than the condition of thousands of others around him, but because of the child's smile and her sweet gesture, he offered to become her guardian and protector. He had his own family and other interests, but he saw to it that a trust fund was established, that mother and daughter were sent to Europe with a governess and traveling companion, and that education and cultural refinements were opened to the little girl. In the twinkling of an eye, as the result of an inner impulse, that little child changed the entire course of her life.



You may think such things exceptional, and not permitted to everyone, but what that child did was extraordinary only because it was more indirect than the thousands of ways in

which we affect our careers and lives more simply. Every hour, our careers, our worldly situations and conditions are affected by our attitudes of mind, our thinking, and acting. In addition, we have the ability to overcome the errors we have made, and correct the wrongs we have done through the assistance of the Cosmic. We have the divine privilege to appeal to the Cosmic to neutralize some of the things we have done, to offset some of the bad conditions we have created, and TO HELP US CREATE THE DESIRABLE THINGS WE WISH TO CREATE.

The more perfectly we attune with the Cosmic through any or all of the ways taught in our monographs, and especially through the methods that you are now using in these higher lessons, the more we can appeal to and through the Cosmic, to God for the help that we need in order to change conditions here so far as our individual lives are concerned.

We need not set aside the essential spiritual values in giving any consideration to mundane values. We need not feel that we are slighting our spiritual unfoldment and spiritual progress by thinking of our material requirements. Man is a dual being. He is essentially both spiritual and worldly in his living. God and nature have provided man with abundant material things to support his worldly existence.

This in itself proves that neither God nor the Cosmic laws consider man's material requirements as insignificant. It is not true that man must battle and fight in order to have the abundant gifts of nature that God has provided, nor must he battle for food, water, and air with which to live. He must fight against the limitations and restrictions that he, himself, has placed around these things.

It is man who has established the custom that knowledge as well as food must be obtained through the exchange of gold or silver. God and nature have provided wheat and other forms of vegetation for bread and water, without cost to man except the labor to acquire them. Man has established the idea that he must cover himself with clothing made from the wool or fur of animals.

Man has established the method whereby he shall acquire that clothing from manufacturers and retailers by the exchange of money. God did not provide or arrange these things in this way. Therefore, man is constantly battling against his own systems, his own restrictions and limitations. All these earthly struggles are reducible to simple laws that man has created for himself and for others, and under which he struggles along with all others. This proves how completely man controls his own destiny.



During this week while in Cosmic attunement, do not take to the Cosmic the simple things you should do yourself, and which you can do if you will analyze your problems. Instead,

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take to the Cosmic only the larger things that puzzle you, problems that seem insurmountable. Appeal to the Cosmic as you would to a great benefactor who has in his control all of the important things that you require.

Speak of your needs, not with any feeling that you have been wilfully and deliberately cheated, or that these necessities have been withheld from you by some prank of the Cosmic Consciousness, or by some anger on the part of God. Approach the matter as though you realized that such things were probably out of your reach because of your own past acts, or your own attitude.

Act as though the life you have is something you have created for yourself, consciously or unconsciously, that you realize your error, want to change your career. In a spirit of humility, with a penitent heart for possible past wrongdoing, ask to be given light to re-create your life. At the same time, ask God and the Cosmic to do for you what you seemingly cannot do for yourself.

If money is a necessity, there is no reason why it should not be included among the things you ask the Cosmic to help you acquire, although it is likely that it will not be your greatest need. The most important thing you will ask for will be those material things that will help you be contented, happy, and more efficient in your desire to spread happiness and contentment among others.

In my next talk, I will carry this further and show you the why and the wherefore of these possibilities. In the meantime, at each period of meditation, ask for these things and keep them in mind, and I have no doubt that at the end of the coming week you will find that you are beginning to change the affairs of your life.

May Peace Profound abide with each of you.

Fraternally,

YOUR CLASS MASTER

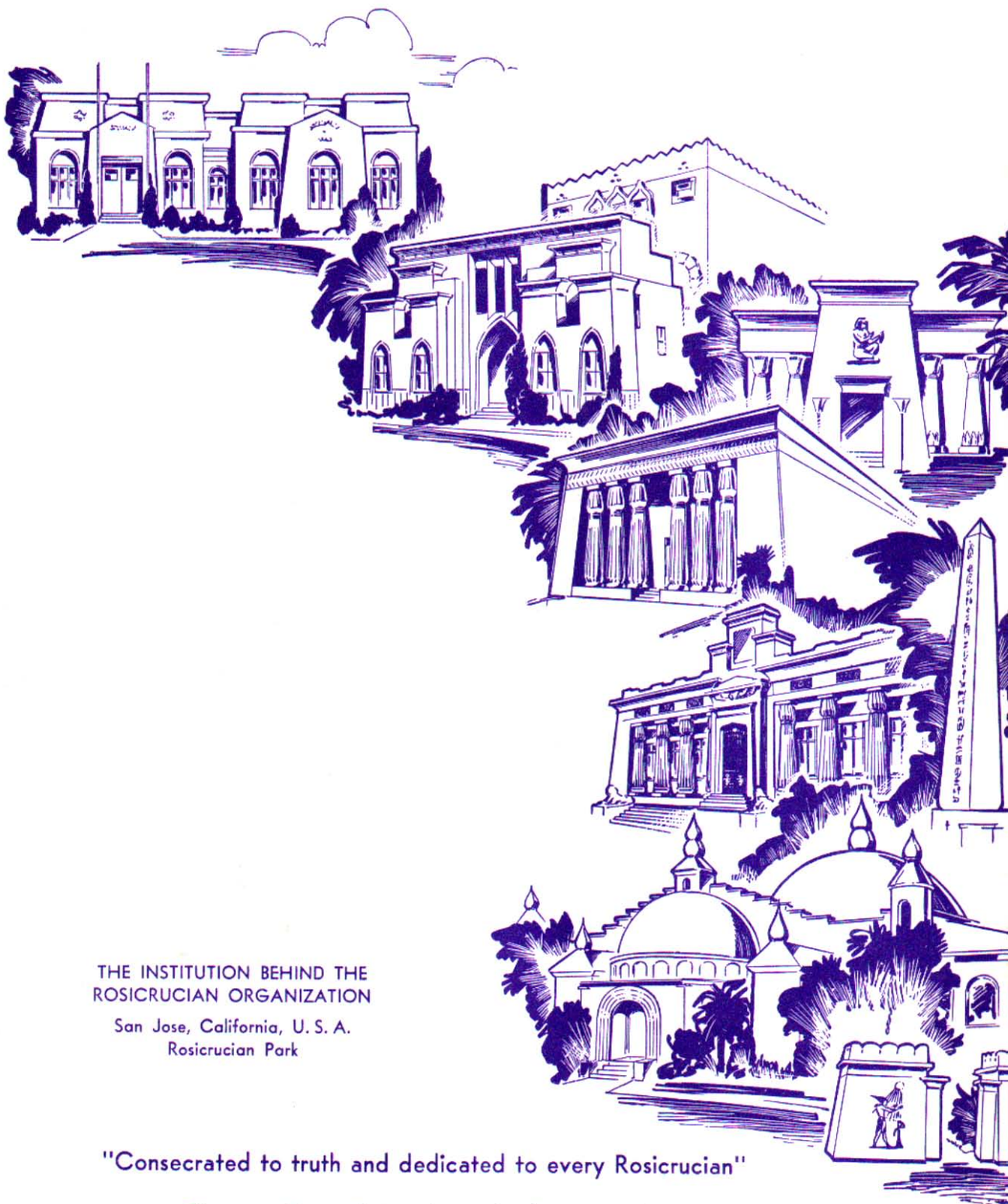


Summary of This Monograph



Below is a summary of the important principles of this monograph. It contains the essential statements which you should not forget. After you have carefully read the complete monograph, try to recall as many as you can of the important points you read. Then read this summary and see if you have forgotten any. Also refer to this summary during the ensuing week to refresh your memory.

- ¶ By humming your individual note in conjunction with the experiment for concentrating on the solar plexus, the power will escape into space as a spiral.
- ¶ This experiment should be tried several times, facing each of the cardinal points to see which of the four positions produces the most satisfactory results. This will be determined by the flow of the magnetic waves in your particular locality.
- ¶ It is unquestionably true that seventy-five percent of man's affairs are controlled by his own thought and actions. He creates his future, consciously or unconsciously, by every act and thought.
- ¶ Attunement with the Cosmic through ways taught in the monographs makes it possible for us to change our lives to harmonize with Divine laws.
- ¶ It is our right and privilege to appeal to the Cosmic for that which we seemingly cannot accomplish for ourselves.



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